

FIGHT the

Kenaston Flu Clinic

Kenaston Place

Nov 15/18

10am –2 pm

FLU!

**FIGHT
FLU**

PROTECT YOURSELF and your **LOVED ONES** this flu season

- ▶ The flu vaccine is a safe, effective way to help people stay healthy, prevent illness and save lives.
- ▶ Free vaccine offered through public health clinics across the province, some physician and nurse practitioner offices and in local pharmacies. **New** - pharmacists can vaccinate children 5 years and up.
- ▶ Anyone six months and older can receive the flu vaccine and is encouraged to get vaccinated early in the season.
- ▶ Getting immunized is especially important for pregnant women, young children, seniors and people with underlying health conditions.

Clinics start **October 22**. A complete listing of flu clinics offered by the Saskatchewan Health Authority can be easily accessed at www.4flu.ca or by calling HealthLine 811.

 **Saskatchewan
Health Authority**



saskhealthauthority.ca